



Let **MAXITEARS**® help your dry eyes by reaching the source of the problem; your tear production and your tear quality.



### Supplement Facts

Serving Size: 4 Licaps®

Servings per Container: 30

| Amount Per Serving            | % Daily Value |     |
|-------------------------------|---------------|-----|
| Calories                      | 25            |     |
| Calories from Fat             | 20            |     |
| Total Fat                     | 2.5 g         | 4%* |
| Saturated Fat                 | 0 g           |     |
| Trans Fat                     | 0 g           |     |
| Wild Sockeye Salmon Oil       | 500 mg        | †   |
| Fish Oil Concentrate          | 1200 mg       | †   |
| Cod Liver Oil                 | 400 mg        | †   |
| Flax Seed Oil                 | 100 mg        | †   |
| Borage Seed Oil               | 100 mg        | †   |
| GLA (Gamma Linolenic Acid)    | 18 mg         | †   |
| Turmeric Root PE 95% Curcumin | 100 mg        | †   |
| Mucin Complex                 | 250 mg        | †   |
| Total Omega 3 Fatty Acids     | 800 mg        | †   |
| EPA (Eicosapentaenoic Acid)   | 400 mg        | †   |
| DHA (Docosahexaenoic Acid)    | 300 mg        | †   |
| ALA (Alpha Linolenic Acid)    | 70 mg         | †   |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, Aloe Vera Concentrate, Glycerolmonostearate, Lecithin, FD&C Blue#1, FD&C Red#3, Titanium Dioxide (for capsule color only).

**Directions:** Take four (4) Licaps® per day with meals or as directed by your health care professional.



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[www.MaxiTears.com](http://www.MaxiTears.com)

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

#### Reference Studies

(1).Kris-Etherton PM, Taylor DS, Yu-Poth S, Huth P, Moriarty K, Fishell V, et al. Polyunsaturated fatty acids in the food chain in the United States. Am J Clin Nutr 2000;71:179S-88S. (2). Simopoulos AP. Human requirement for n-3 polyunsaturated fatty acids. Poult Sci 2000;79:961-70. (3). Simopoulos AP, Robinson Jo. The omega diet. New York, NY: Harper Collins Publishers Inc, 1999.

Do you have dry,  
irritated eyes?



**MAXITEARS**®  
Dry Eye Formula



Masks Taste  
Licaps  
and Odors!



## Symptoms of Dry Eye:

- Blurring of vision
- Pain
- Stinging or burning
- Itching
- Light sensitivity
- Redness
- A gritty sensation
- Watery eyes

## Possible Causes of Dry Eye:

Age  
Menopause  
Post-LASIK  
Sjögren's Syndrome  
Wearing Contact Lenses  
Computer Use  
Hot, Dry Climates  
Air Conditioning

## Are you at risk?

Dry Eye is a significant public health problem which affects more than 20 million Americans. As we age, our bodies produce less oil and it becomes necessary to supplement our diets with a healthy balance of omega-3 to omega-6 fatty acids. However, the current American diet is omega-3 deficient with an estimated omega-3 to omega-6 fatty acid ratio as low as 1:10. The correct ratio should be about 1:2.



## What is MAXITEARS®?

**MAXITEARS®** is a research based formula containing a balanced amount of Omega-3 to Omega-6 fatty acids to help provide dry eye relief from the inside out. Formulated to decrease inflammation, stimulate aqueous tear production, and augment the tear film oily layer.

**MAXITEARS®** provides patients with the essential fatty acids that have been shown to help reduce dry eye symptoms, increase tear production and improve tear quality. Also included in our formula is GLA and Turmeric Root, which studies suggest reduce inflammation, and Mucin Complex to aid in the quality of the mucus layer.

**MAXITEARS®** also utilizes a new technologically advanced Licap®, which unlike conventional soft gels capsules, have low oxygen permeability. Licaps® are filled in an oxygen free environment, thereby reducing oxidation and preserving the stability and purity of the nutrients.

## How does it work?

Research studies have shown that dry eye is caused by 2 underlying issues; a decrease in tear production due to inflammation, or an increase in tear film evaporation from oil loss.

- Dietary intake of omega-3 fatty acids and the ratio of their consumption to that of omega-6 fatty acids affect the overall amount of inflammatory activity in the body.
- Specifically, EPA and GLA act as anti-inflammatory agents to decrease swelling of the tear glands, allowing the tears to flow more naturally.
- Turmeric root possesses both antioxidant and anti-inflammatory properties. It reduces inflammation by inhibiting certain omega fatty acids from converting into pro-inflammatories.

*The other cause of dry eye can be the loss of oils in the tear film itself, causing the tears to evaporate too quickly creating reflex tearing from the chronic irritation.*

- Replenishing your body with omega fatty acids may help improve the quality of your tears by replacing the oils lost by our bodies, especially as we age.
- The Mucin Complex contained in our formula acts directly on the mucin layer of the tear film by enhancing the mucus quality where mucus production by the conjunctival goblet cells have decreased.

**30 Day Money Back Guarantee!**

**Call to order: 888-290-6294**  
**[www.MaxiTears.com](http://www.MaxiTears.com)**

